

Neck & Shoulders, The Art of Letting Go

Neck & Shoulders

Daily maintenance of the Neck and shoulder is vital to the Movement, Health and well Being of the body.

Muscles in the neck and upper back provide strength and permit complex movement. The muscles in the neck support the head and keep it upright. The upper back muscles that attach to the wing like scapula stabilize the shoulder, the body's most mobile joint.

We will look at the Jin Shin Jyutsu flows to accommodate the Neck and Shoulder to assist movement and flow.

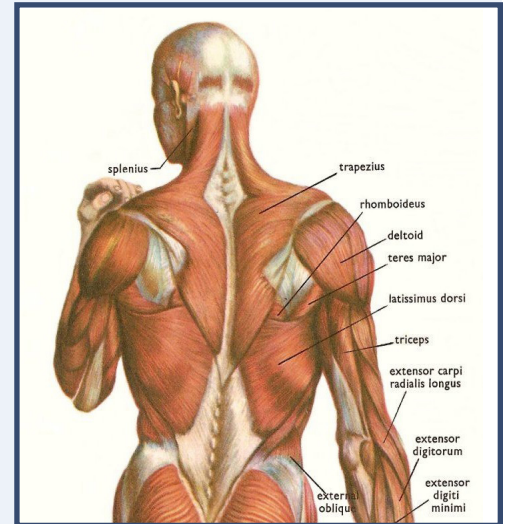
About Sara....



Sara received her first session with Mary Burmeister when she was fourteen in 1973. She began her studies with Mary in 1983. Sara has been a Jin Shin Jyutsu instructor since 1992. After a traumatic car accident in the early 1980's she had a life changing experience during her sessions with Mary Burmeister. Sara has studied psychology, numerology, dance, and loves the mysteries of life and nature. Sara teaches in an experiential and elemental way as to embody the journey of learning.



Paracelsus: "The Skin is the Royal Robe of Mankind Where, the Microcosm meets the Macrocosm."



Class Details

The Talent class will be held on June 22nd - 23rd, 2019 (Saturday-Sunday). Registration at 8:30am on Saturday. Class hours are 9 to 5 both days. Talent, Oregon is 5 miles north of Ashland and 14 miles south of Medford International Airport.

Cost: \$350.00 (EB*: \$320.00)

* *Early Bird Eligible ends on April 23, 2019

Prerequisite: One 5-Day Basic seminar.

**Venue: Talent Community Center
104 E. Main**

(Just behind City Hall. There is plenty of parking, walking distance to restaurants, grocery store and parks. We also have electric car charging station right in the parking lot!)

You can sign up online at :
<https://www.jsjinc.net/is.php?id=OR>

A 150.00 deposit will reserve your spot, paid on line or with a check payable to Sara Harper and mailed to Organizer. For more information about the seminar & or to make payment 'Off Line' Please contact organizer:

Organizer: Debi Rappaport
Phone: (541) 973-5779

Email: calmtouch@gmail.com

Mailing: PO Box 955, Talent, OR 97540