



In-Touch

The Newsletter for the Phoenix Valley Jin Shin Jyutsu® Community

Fall 2006



Welcome to the Fall 2006 edition of "In Touch" and a big thank you to all of you who continue to support our various activities.

This feature includes:

- Upcoming Classes
- News on Mentoring Programs
- The JSJ Locator
- The 2006 US Organizers Meeting

UPCOMING CLASSES in THE VALLEY

'Now Know Myself' Seminar

An Advanced Class

With

Iole Lebensztajn, Waltraud Riegger-Krause & Anita Willoughby

(In English)

Monday – Friday
November 13-17, 2006
9:00a.m. To 5:30p.m.
Scottsdale, AZ

The Now Know Myself (NKM) seminar is in some ways a precursor to 'The Journey Continues' class. It is an advanced class which explores

material from the 5 Day Jin Shin Jyutsu classes and some Special flows that Jiro Murai gave Mary Burmeister.

ABOUT THE INSTRUCTORS

We are very excited to have 3 very talented Instructors, join us from 3 different continents.

Iole Lebensztajn is from Brazil, where she graduated in medicine. During college she looked for an integrated pathway in which people could become more responsible for their own health. In 1990 she found what she was looking for in Jin Shin Jyutsu (JSJ). Her experience shows that JSJ helps us perceive our reality in a clearer way thus allowing acceptance or change when necessary.

A busy mother of two young children she has just recently returned to full time JSJ teaching.

For this class she will be sharing insights about the Safety Energy Locks in relation to vision and the phases of human development based on page 42 of Text 2.

Waltraud Riegger-Krause is from Germany. After finishing school, she studied Social Work and Social Education. However, she discovered that she could not really fulfill her dream in that field. In 1985 she traveled to the US, where she happened to take an acupuncture class. The teacher encouraged her to study with Mary Burmeister who was "the source" of her material. So she lived in the US for 3 yrs, studying with Mary, before returning to Germany. Today she is both a popular Instructor and

practitioner. Most recently she has authored a book called "**Jin Shin Jyutsu**" where she explores the Depths. For this class, she will be sharing a lot about the Depths, as well as exploring the Supervisory and Mediator flows. We are looking forward to hearing and sharing her insights.

Anita Willoughby is from the USA. She has been studying, teaching and practicing JSJ in New York City for the past 22 years. She brings a love and understanding of the physical body to her teachings of JSJ. She was a modern dancer, teacher, performer and choreographer and for the past few years she has studied yoga. Through her study of numerology, mythology, the Kabbalah and her studies of religion at the New Seminary, she has also explored realms of the mind and spirit.

Anita has raised two daughters and feels she has learned a practical application of JSJ from that experience. She is interested in expressing the total and complete relevance of JSJ, to our daily lives and finds that through the study of JSJ, life begins to make SENSE!

For this class she is continuing on from her Special Topic Classes on the 'Now Know Myself' sheet (aka 'The Answer Sheet'), with an exploration of the months in Utero.

Cost: \$650 New or \$550 Review

Eligibility/Prerequisite: A minimum of three 5-day seminars

Location: The Inn at Pima, 7330 N. Pima Rd., Scottsdale, AZ. (480) 948 3800 or (800) 344 0262

To sign up for the class contact the Jin Shin Jyutsu office:

Phone :(480)998-9331
Email: info@jsjinc.net
Fax: (480)998 -9335

SELF HELP CLASSES AT THE OFFICE

8719 E. San Alberto Drive
Scottsdale, AZ, 85258

Phone: 480-998-9331
E-mail: info@jsjinc.com
Fax: 480-998-9335

We are delighted that so many of you are enthusiastically supporting these classes. For those of you that are interested there are some spaces left on the Self Help Book 2 course (see below).

November 4th:

Self-Help Book 2 Class with Terry Matthews – 10am. till 4.30pm, at the Scottsdale Office.

An essentially experiential class, covering Self-Help Book 2. Class is limited to 10, so early booking is advised. Please call Terry at 480-998-9331/602 867 0388 or E-mail terry@jsjinc.com. Details are also on the web at: <http://jsjinc.net/events.php>

MENTORING PROGRAM

The Mentoring Programs continue to be a tremendous success. Looking ahead, we have a full calendar of programs.

We are offering this program to foster continuing education and support for practitioners. We encourage you to take advantage of this wonderful opportunity to deepen your experience of this timeless art.

The Mentoring Program provides in-depth, practical study in a small group setting with certified JSJ instructors. For one week, student practitioners will gather

with one faculty member, and participate each day in six hours of hands-on, discussion and other study activities. Participants receive two sessions daily.



Mary Burmeister surrounded by smiling faces from the July 2006 Mentoring Program with Carlos Gutterres

MENTORING SCHEDULE

2006

October 16-20th Lynne Pflueger

2007

February 12th-16th Jill Holden

March 5-9th, Carlos Gutterres (in Spanish)

April 23-27th Cristina Minamisawa

June 11-15th - Lynne Pflueger

July 9 -13th - Carlos Gutterres (in English)

August 6 -10th Ian Harris (in Spanish)

September 17-21st – Anita Willoughby

October 1 - 5th – Sara Harper

October 29 - November 2nd
Mona Harris (in German)

New! Jin Shin Jyutsu Student Locator on our Website. Please logon to <http://jsjinc.net/jsjlocator.php>. You can find students by name, area code, zip or city. As a JSJ student wishing to subscribe to the listing service you can sign up here (criteria on website).

Location: Jin Shin Jyutsu, Inc. office, Scottsdale, Arizona

Eligibility/Prerequisite: A minimum of five 5-day seminars (or four 5-day seminars and either one NKM, JC, LTA or two STC's).

Cost: \$1300.

As places fill up fast we encourage you to apply ASAP

You can contact the Jin Shin Jyutsu office to sign up, or download the application form and information from our website. Click on the Class Schedules link on our Website:

www.jsjinc.net
Phone :(480)998-9331
Email: info@jsjinc.com
Fax: (480)998 -9335

THE 2006 US ORGANIZERS MEETING

David has just returned from a wonderful Organizers meeting in New York. This was the first US Organizers meeting outside of Scottsdale. Thanks to Jed Susan & Anita for organizing a fun and productive time and to all of the Organizers and Instructors whose participation ensured it was a memorable event. Check out the photos in the gallery under "Fun with JSJ" link on our website: terry@jsjinc.com <http://jsjinc.net/events.php> www.jsjinc.net



Smiling faces from the August 2006 US Organizers Meeting in NYC